

People, not profits



HEALTH REPUBLIC® MEMBER NEWSLETTER | ISSUE 7
Q3 2015

WE MADE THE LIST THANKS TO OUR STAFF!



My goal in writing to you each quarter is, in large part, to make sure you know where I'm coming from and what matters to me, because open communication is part of what we believe in at Health

Republic. And this quarter I want to mention that running a company is...well, a lot of work. Sometimes it can feel like we're just rolling a boulder up the hill over and over. But there are many fantastic moments amidst it all that make it so amazingly worthwhile. Sometimes it is a call from a member who recognizes how much we value them. Sometimes it's looking at the number of small businesses that we support tick up, and up, and up again.



And this month it's making Oregon Business' 2015 list of the 100 Best Nonprofits to Work for in Oregon.

This list is compiled based on the results of a survey taken, anonymously, by employees of non-profit companies across the state who are asked a wide variety of questions on everything from benefits to family-friendly flexibility to sustainability, compensation, workplace environment, communication, and much more. The responses to this survey placed us in the Top 100 and told me that

my goal of creating a company that supports its employees is really working! We strive to take care of not just our members, but also our staff, and I'm proud to be able to make a difference in our employees' well-being.

—DAWN BONDER, CEO

JOIN THE CONVERSATION!



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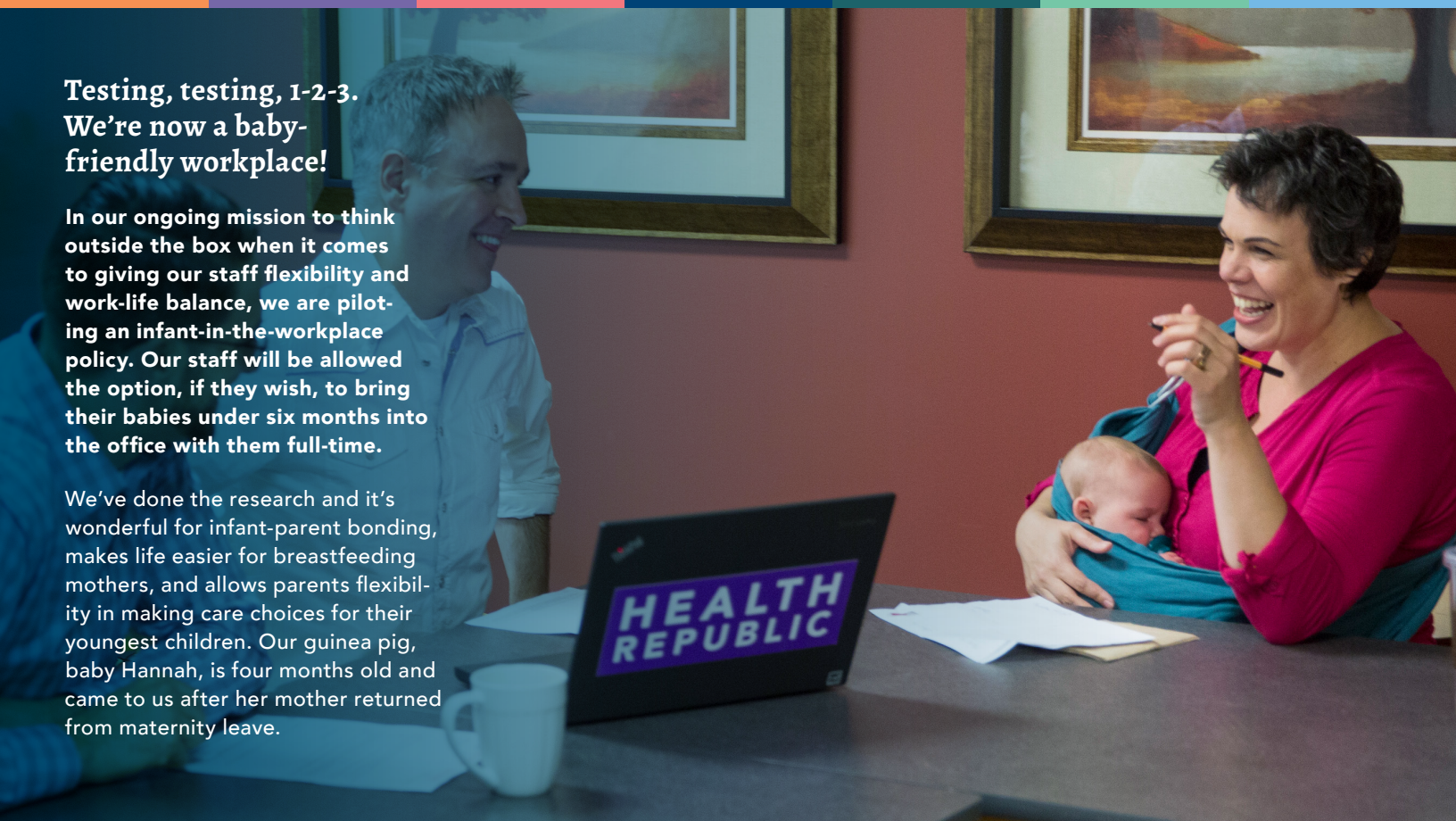


youtube.com/HealthRepublicInc

Testing, testing, 1-2-3. We're now a baby- friendly workplace!

In our ongoing mission to think outside the box when it comes to giving our staff flexibility and work-life balance, we are piloting an infant-in-the-workplace policy. Our staff will be allowed the option, if they wish, to bring their babies under six months into the office with them full-time.

We've done the research and it's wonderful for infant-parent bonding, makes life easier for breastfeeding mothers, and allows parents flexibility in making care choices for their youngest children. Our guinea pig, baby Hannah, is four months old and came to us after her mother returned from maternity leave.



Benefits 101

Have you gotten your flu shot? If not, you're missing out on an easy—and free!—way to protect yourself and all those you come in contact with. Are you uneasy about shots? If so, just wait a few weeks until the nasal flu mist is available: it's completely painless. Any member can get the shot in either format from their PCP, or (if age 11 or older) from any participating pharmacy.

MEMBER PORTAL IMPROVEMENTS

Your accumulators are now live in our Member Portal! What does that mean, you ask? It means that you can take a look at whether you've had your annual GYN exam yet this year. Your cholesterol screening. Any rehab visits you've had. How close you are to meeting your deductible or your OOPM.



Just log in to the member portal (accessible from www.healthrepublicinsurance.org/members/) and you'll see the summation specific to you right there in the middle of your homepage.

MARTA'S MESSAGE



Marta is a registered nurse and our Director of Medical Management. Watch for her column here!

We interrupt your regularly scheduled Marta's Message to announce (drumroll...)



Health Republic Insurance Company is NCQA accredited for both Commercial-PPO and Marketplace-PPO, effective September 16, 2015 to September 16, 2018.

The National Committee for Quality Assurance (NCQA) is a private, non-profit organization dedicated to improving health care quality, governed by a Board of Directors that includes employers, consumers and labor representatives, health plans, quality experts, policy makers and representatives from organized medicine.

Visit www.ncqa.org for further information.

—MARTA HURST, RN, CPHQ, CLSSBB,
DIRECTOR OF MEDICAL MANAGEMENT



Your Individual or Family Health Coverage in 2016

For individual members only! If you have Health Republic insurance through your employer, this section does not apply to you.

If you have **individual** or **family insurance** that is *not* through your employer, you need to be aware that it will change each year, regardless of which insurance company you use. Sometimes the plans will stay the same but change in price. Sometimes plans will be discontinued. Regardless, you'll always be able to make a decision to change for new insurance coverage effective January of each calendar year. Shopping opens each year during the federal Open Enrollment period. So, for 2016 you need to know:

1. Open Enrollment starts on **November 1, 2015**, for plan coverage that starts on **January 1, 2016**.
2. Notice of discontinued plans for 2016 have been sent to you via mail. Please do not hesitate to call us if you have any questions or want to discuss options for 2016. Information regarding the discontinuation of plans can also be found in Dawn's blog: www.healthrepublicinsurance.org/changes-for-2016-2015-09-10/
3. If your plan has been discontinued, you still have the option to stay with us. You will need to enroll in one of our available 2016 plans: **Oregon Standard Bronze**, **Oregon Standard Silver**, **Oregon Standard Gold**, or (if you meet the age criteria) our **Catastrophic Plan**. Otherwise, you will need to enroll with another insurance company in order to ensure continuous coverage.

CONTACT US!

Member Services: 1-888-990-6635

NurseLine: 1-888-334-9424

Prior Authorizations: 1-800-638-0449

Mental Health: 1-800-711-4577

Assistance for Hearing Impaired:

Dial 711 from a TTY telephone

LIKE US? REFER A FRIEND!

